



**Southern Huntingdon County
/ Sr. High School
Lunch Menu**



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| 2/3/25 | 2/4/25 | 2/5/25 | 2/6/25 | 2/7/25 |
| MainPlate | MainPlate | MainPlate | MainPlate | MainPlate |
| Turkey Reuben or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk | Philly Cheese Steak Sandwich or TACO TUESDAY Nachos Grande Choice of Fruit and Fresh Vegetables Choice of Milk | Cheese Ravioli with a Garlic Breadstick or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Chicken Mashed Potato Bowl or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Macaroni & Cheese w/ Toppings or Street Eats Hot Dog on a Bun Choice of Fruit and Fresh Vegetables Choice of Milk |
| Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges | | | | |
| 2/10/25 | 2/11/25 | 2/12/25 | 2/13/25 | 2/14/25 |
| MainPlate | MainPlate | MainPlate | MainPlate | MainPlate |
| Grilled Cheese Sandwich with Tomato Soup or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk | Chicken Parmesan Hoagie with Cheese or TACO TUESDAY Beef Burrito Choice of Fruit and Fresh Vegetables Choice of Milk | Chicken Tenders with a Dinner Roll or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Spaghetti and Meat Sauce with a Garlic Breadstick or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Buffalo Chicken and Cheese Flatbread or Street Eats Corn Dog Choice of Fruit and Fresh Vegetables Choice of Milk |
| Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges | | | | |
| 2/17/25 | 2/18/25 | 2/19/25 | 2/20/25 | 2/21/25 |
| President's Day Break No School | MainPlate Vegetable Soup w/ Ham and Cheese Wrap or TACO TUESDAY Walking Taco Choice of Fruit and Fresh Vegetables Choice of Milk | MainPlate BBQ Pork Rib Patty Sandwich or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk | MainPlate Chicken Alfredo over Pasta or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk | MainPlate Asian Pork Bowl or J. CLARK'S GRILLE Cheeseburger Tot Bowl Choice of Fruit and Fresh Vegetables Choice of Milk |
| Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges | | | | |
| 2/24/25 | 2/25/25 | 2/26/25 | 2/27/25 | 2/28/25 |
| MainPlate | MainPlate | MainPlate | MainPlate | MainPlate |
| Southwest Chicken and Rice Bowl or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk | Cowboy Burger with cheese, onion ring and bbq or TACO TUESDAY Nachos Grande Choice of Fruit and Fresh Vegetables Choice of Milk | Ham and Cheese on a Pretzel Roll or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Chicken and Gravy over a Biscuit with Mashed Potatoes or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk | Macaroni & Cheese w/ Toppings or Street Eats Choice of Fruit and Fresh Vegetables Choice of Milk |
| Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges | | | | |

WHAT IS A SCHOOL LUNCH

Please choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a school lunch to accommodate the free meal qualifications.

Meal Components offered daily are:
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white or chocolate



Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - white potatoes, corn, peas, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green beans, cabbage and green peppers

oranges, apples, bananas, pears, peaches, strawberries and applesauce

BRAVO!

Mozzarella Pizza Sticks
Soft Pretzel



Crisp Chicken Salad
Chopped Garden Salad
Both Offered with a WG Roll



Turkey and Cheese Hoagie
Ham and Cheese Hoagie
Italian Sub
PB&J Sandwich



Pepperoni Pizza
Cheese Pizza

Tammy Vinglas
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Menu is subject to change due to product availability

USDA is an equal opportunity provider and employer



ALLERGEN INFORMATION IS AVAILABLE UPON REQUEST

NUTRITIONAL INFORMATION IS AVAILABLE AT:

WWW.SCHOOLCAFE.COM

Student Reduced Lunch: Free
Student Paid Lunch: Free
Student 2nd Meal: \$
Adult Lunch: \$4.75