SOUTHERN HUNTINGDON COUNTY ELEMENTARY SCHOOL

LUNCH MENU

September 2026

EAT SMART
BE SMART

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Breakfast for Lunch French Toast Sticks with Sausage and a Cheese Omelet **Tater Triangles**	**1** Chicken & Cheese Quesadilla **Steamed Broccoli**	**2** Hot Dog on a Bun **Baked Beans**	**3** Chicken and Gravy Over a Biscuit **Mashed Potatoes** **Buttered Corn**	**4** No School
Daily Offerings for Week 3: Nachos Craveable (V) – Turkey & Cheese Wrap – Fresh Vegetable Choices (Chickpea Salad) – Fruit Choices (Mixed Fruit) – Fresh Fruit Choices (Green Grapes)				
7 No School	**8** Beef Soft Tacos **Refried Beans** **Mexican Corn**	**9** Meatball & Cheese Hoagie **Glazed Carrots**	**10** Italian Toaster Sandwich **Curly Fries**	**11** Pepperoni Pizza **Sweet Peas**
Daily Offerings for Week 4: Super Fruit Craveable (V) – Ham & Cheese Wrap – Fresh Vegetable Choices (Broccoli Salad) – Fruit Choices (Peach Halves) – Fresh Fruit Choice (Strawberries)				
14 Breaded Chicken Tenders with Mini Waffles **Crinkle Cut Fries** **Chickpea Salad**	**15** Walking Taco with Pretzel Stick **Seasoned Black Beans** **Garden Side Salad**	**16** Chicken Alfredo over Penne with Breadstick **Steamed Broccoli** **Celery Sticks with Ranch**	**17** Grilled Ham & Cheese Sandwich **Tomato Soup** **Green Pepper Strips**	**18** Cheesy Pizza **Steamed Green Beans** **Baby Carrots**
Daily Offerings: Pizza Craveable (V) - Turkey & Cheese on a Pretzel Roll (cold) – Fresh Vegetable Choices (Tomato/Cucumber Salad) – Fruit Choices (Mixed Fruit) – Fresh Fruit Choice (Red Grapes with Vanilla Yogurt) – Roasted Chickpeas				
21 Breakfast for Lunch French Toast Sticks with Sausage Links **Tater Triangles**	**22** Nachos Grande **Steamed Green Beans**	**23** Macaroni & Cheese w/ Dinner Roll (V) **Sweet Peas**	**24** Chicken Caesar Waffle Fries w/ Dinner Roll **Waffle Fries**	**25** Italian Dunkers with Marinara Sauce (V) **Mixed Vegetables**
Daily Offerings: Soft Pretzel Craveable (V) - Turkey & Cheese Wrap – Fresh Vegetable Choices (Chickpea Salad) – Fruit Choices (Sliced Pears) – Fresh Fruit Choice (Candied Apples)				
28 Ham, Egg & Cheese on Maple Waffle Flatbread **Hash Brown Potatoes**	**29** Beef Enchilada **Roasted Broccoli**	**30** Chicken Nuggets with a Roll **Steamed Green Beans**	**1** Chicken & Mashed Potato Bowl with a Roll **Mashed Potatoes** **Steamed Corn**	**2** Toasted Pizza Flatbread Sandwich **Glazed Carrots**
Daily Offerings: Breadstick Dipper Craveable (V) - Ham & Cheese Wrap – Fresh Vegetable Choices (Broccoli Salad) – Fruit Choices (Mixed Fruit) – Fresh Fruit Choice (Green Grapes) – Roasted Chickpeas				

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Daily Alternates
Grape Peanut Butter and Jelly Uncrustable Craveable

Fruits & Veggies
Baby Carrots – Celery Sticks w/ Peanut Butter– Side Salad
Applesauce – Apple Slices – Orange Halves

Students may choose two ½ cup servings.

Milk Selections
Galliker's 1% White Unflavored, FF Chocolate, FF Strawberry

Lunch Prices

Student	FREE
Adult	$5.05

(V)	Vegetarian
(VG)	Vegan
(GF)	Gluten-Free
(H)	Halal

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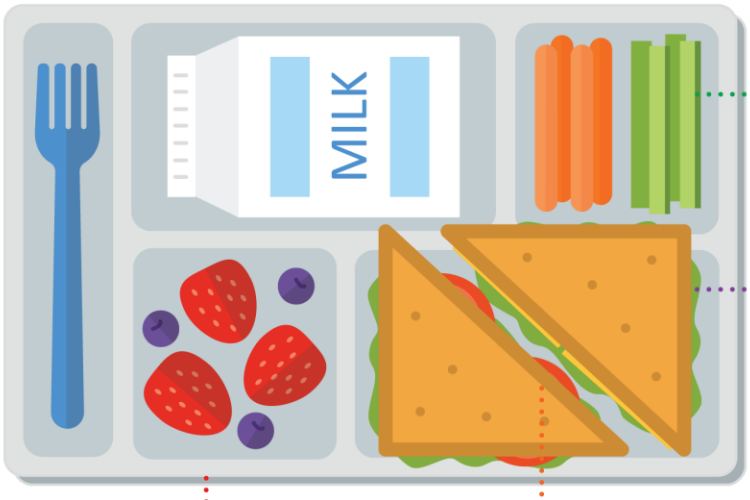
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of the **5** components available for the school lunch price:

Meat/Meat Alternative, Grain/Bread, Fruit, Vegetable, Milk
A minimum of ½ cup serving of fruit must accompany a school breakfast.

Assorted Variety of Milk Available Daily
Galliker's 1% Unflavored White, FF Chocolate, and FF Strawberry (Milk is an optional component. Students may refuse to take a milk with their meal.)

schoolcafé

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Scan the QR code to access your account:

LUNCH PRICES

Student Lunch:	FREE
Adult Lunch:	$5.05

ADDITIONAL INFO HERE

Add text here or delete if not using

YOUR DINING SERVICES TEAM
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