

Monday	Tuesday	Wednesday	Thursday	Friday
10/28/24	10/29/24	10/30/24	10/31/24	11/1/24
<b>MainPlate</b> Cheddar Cheese Pierogies with Keilbasi or <b>J. CLARK'S GRILLE</b> Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> BBQ Pulled Pork Sandwich or <b>TACO TUESDAY</b> Beef Burrito Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Monte Cristo Sandwich or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Rocket Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Grilled Cheese Sandwich and Tomato Soup or <b>J. CLARK'S GRILLE</b> Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Philly Cheesesteak Hoagie or Chicken Stir-Fry (day) Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
11/4/24	11/5/24	11/6/24	11/7/24	11/8/24
<b>MainPlate</b> Cheese and Pepperoni Stromboli or <b>J. CLARK'S GRILLE</b> Buffalo Chicken Dip with Tortilla Chips Choice of Milk and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Sloppy Joe on a Bun or <b>TACO TUESDAY</b> Walking Taco Choice of Milk and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Chicken Nuggets with a Dinner Roll or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Chipotle Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> General Tso's Chicken over Rice or <b>J. CLARK'S GRILLE</b> Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Hot/Mild Sausage Sandwich or <b>J. CLARK'S GRILLE</b> Loaded Taco Tot Bowl Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
11/11/24	11/12/24	11/13/24	11/14/24	11/15/24
<b>MainPlate</b> Philly Cheese Steak or National Pizza With Everything (except anchovies) Day or Veteran's Day No School	<b>MainPlate</b> Cheese Ravioli with a Garlic Breadstick or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Rocket Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Cheese Ravioli with a Garlic Breadstick or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Rocket Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	<b>Thanksgiving Meal</b> <b>HAPPY</b> Roasted Turkey Bread Stuffing Candied Yams Mashed Potatoes Turkey Gravy Buttered Corn Pumpkin Pie Choice of Milk	<b>MainPlate</b> Macaroni & Cheese w/ Toppings or <b>Street Eats</b> Corn Dogs Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
11/18/24	11/19/24	11/20/24	11/21/24	11/22/24
<b>MainPlate</b> Grilled Cheese Sandwich with Tomato Soup or <b>J. CLARK'S GRILLE</b> Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Chicken Parmesan Hoagie with Cheese or <b>TACO TUESDAY</b> Beef Burrito Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Chicken Tenders with a Dinner Roll or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Chipotle Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Spaghetti and Meat Sauce with a Garlic Breadstick or <b>J. CLARK'S GRILLE</b> Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> Buffalo Chicken and Cheese Flatbread or <b>Street Eats</b> Chili Con Corn Dog Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
11/25/24	11/26/24	11/27/24	11/28/24	11/29/24
<b>MainPlate</b> Breakfast for Lunch <small>French Toast Sticks, Sausage Links, Hashbrowns</small> OR National Parfait Day	<b>MainPlate</b> Chicken Pot Pie or <b>TACO TUESDAY</b> Walking Taco Choice of Fruit and Fresh Vegetables Choice of Milk	<b>MainPlate</b> BBQ Pork Rib Patty Sandwich or <b>J. CLARK'S GRILLE</b> Build-A-Burger Bar <small>Rocket Sauce, Onions, Pickles, Banana Pepper Rings, Cheese, Lettuce</small> Choice of Fruit and Fresh Vegetables Choice of Milk	Thanksgiving Vacation No School	Thanksgiving Vacation No School
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				

**WHAT IS A SCHOOL LUNCH**  
Please choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a school lunch to accommodate the free meal qualifications.

Meal Components offered daily are:  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white or chocolate



**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes and red peppers  
**Legumes** - beans and peas  
**Starchy** - white potatoes, corn, peas, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green beans, cabbage and green peppers  
oranges, apples, bananas, pears, peaches, strawberries and applesauce



**BRAVO!**

Mozzarella Pizza Sticks

Soft Pretzel



Chicken Caesar Salad  
Chopped Garden Salad  
Both Offered with a WG Roll



Turkey and Cheese Hoagie  
Ham and Cheese Hoagie  
Italian Sub  
PB&J Sandwich



Pepperoni Pizza  
Cheese Pizza

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Menu is subject to change due to product availability

USDA is an equal opportunity provider and employer

Student Reduced Lunch: Free  
Student Paid Lunch: Free  
Student 2nd Meal: \$2.25  
Adult Lunch: \$4.75



ALLERGEN INFORMATION IS AVAILABLE UPON REQUEST

NUTRITIONAL INFORMATION IS AVAILABLE AT:

WWW.SCHOOLCAFE.COM

