



Southern Huntingdon County
Spring Farms Elementary
School May Menu



Monday 4/28/2025	Tuesday 4/29/2025	Wednesday 4/30/2025	Thursday 5/1/2025	Friday 5/2/2025
Buffalo Chicken Dip with Tortilla Chips Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Nachos Grande Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Pierogis with Keilbasa Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Baby Carrots, Celery w/ Peanut Butter,	Chicken Mashed Potato Bowl Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh Greens Side Salad, Apple Slices, Oranges	Chicken Fajita Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Slices, Oranges
5/5/2025	5/6/2025	5/7/2025	5/8/2025	5/9/2025
Meatball Sub Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Hot Ham and Cheese On a Pretzel Roll Smiley Fries Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	BBQ Pulled Pork Sandwich Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Baby Carrots, Celery w/ Peanut Butter,	Tater Tot Bowl (Tots topped with taco meat, lettuce, cheese salsa, sour cream) Tater Tots Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh Greens Side Salad, Apple Slices, Oranges	Fish Sticks Buttered Noodles Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Slices, Oranges
5/12/2025	5/13/2025	5/14/2025	5/15/2025	5/16/2025
Chicken Patty Sandwich Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Walking Taco Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Asian Pork Noodle Bowl Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Baby Carrots, Celery w/ Peanut Butter,	Mac and Cheese Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh Greens Side Salad, Apple Slices, Oranges	Pizza Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Slices, Oranges
5/19/2025	5/20/2025	5/21/2025	5/22/2025	5/23/2025
Buffalo Chicken Dip with Tortilla Chips Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	Pulled Pork Tacos Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh vegetables and fruits served every day are:	General Tso's Chicken Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Baby Carrots, Celery w/ Peanut Butter,	Chicken Patty Sandwich Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Fresh Greens Side Salad, Apple Slices, Oranges	Chicken Nuggets Cook's Choice Hot Vegetable Choice of Fruit and Fresh Vegetables Chocolate, Strawberry or White Milk Slices, Oranges

WHAT IS A SCHOOL LUNCH

Please choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a school lunch to accommodate the free meal qualifications.

Meal Components offered daily are:
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white or chocolate



Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - white potatoes, corn, peas, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:
 oranges, apples, bananas, pears, peaches, strawberries and applesauce



Students may choose the hot entrée or from the following:



Crispy Chicken Salad
 Garden Salad
 Both offered with a dinner roll

Turkey and Cheese Hoagie
 Ham and Cheese Hoagie
 Hoagies are made on 6" Hoagie Rolls with Lettuce and Tomatoes Offered on the Side



BYO Flatbread Pizza
 Smucker's PB&J

Student Reduced Lunch: Free
 Student Paid Lunch: Free
 Student 2nd Meal: \$2.10
 Adult Lunch: \$4.75

ALLERGEN and NUTRITIONAL INFORMATION

ARE AVAILABLE AT:
WWW.SCHOOLCAFE.COM



Tammy Vinglas
 General Manager
 O: 814-447-5529 ext. 2336
 or C: 814-330-2230

ENJOY YOUR SUMMER BREAK!!

Menu is subject to change due to product availability

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